



2025
ANNUAL
REPORT

A DECADE OF CARE A FUTURE OF POSSIBILITY



Celebrating 10 Years of Excellence, Growth, and Community Impact



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A Message from the Chairperson of the Board of Directors



CEC Health Care celebrated its 10th anniversary on March 25, 2025. Reaching this important milestone in a dynamic and increasingly complex health care environment reflects the trust of the people we serve, the dedication of our professional and support staff, and the unwavering commitment of our leadership team and Board of Directors.

Over the past decade, CEC has continually evolved to meet the changing needs of our communities. From our original location in Bethpage, we have expanded to three additional locations in Hauppauge, Glen Cove, and Seaford. This growth reflects both increasing community need and CEC's commitment to providing high-quality, comprehensive care that improves the health, well-being, and quality of life of individuals and families who have historically experienced barriers to care.

In March 2025, CEC also experienced a significant leadership transition with the retirement of Dr. James Dolan, Executive Director. We extend our deepest gratitude to Dr. Dolan, whose vision and dedication guided CEC through seven years of extraordinary growth and innovation. His legacy is reflected in the strong foundation he helped build.

As we welcome John Javis as CEC's new Executive Director, the Board is confident that his leadership will carry this work forward while preserving the mission and values that have guided CEC throughout its first decade.

At the end of 2025, my term as Chairperson concluded, and at the Board's October Annual Meeting, Ellen Spiegel was elected Chairperson. Ellen is a founding member of CEC's Board of Directors and, together with her husband, Alan, has an extensive history of volunteerism, philanthropy, and advocacy. In tribute to her son Fred (1968–2025), Ellen continues more than 40 years of advocacy on behalf of underserved individuals and communities, helping to advance access to quality medical care, behavioral health services, and residential supports. The Board is grateful that Ellen has accepted this important leadership role.

As CEC enters its second decade, the Board of Directors, leadership team, and professional and support staff remain committed to fostering a culture of collaboration, integrity, compassion, and service as we meet the medical, dental, behavioral health, and social support needs of the communities we serve.

I invite you to explore this report to learn more about CEC's accomplishments in 2025 and the many ways you can support this important work.

Anne Emerson

Chairperson of the Board of Directors
CEC Health Care

A Year of Growth, Innovation, and Impact



The year 2025 marked an extraordinary milestone for CEC Health Care as we celebrated a decade of providing Care with Excellence and Compassion to individuals and families across Long Island. Our 10th anniversary offered an opportunity not only to reflect on how far we have come, but also to recognize the patients, staff, partners, and communities who have made that growth possible.

Throughout 2025, CEC Health Care provided more than 53,550 medical, dental, behavioral health, and specialty care visits to more than 5,100 individuals. Nearly half of those served were individuals with intellectual and developmental disabilities, reflecting our longstanding commitment to improving access to care for individuals with complex needs.

The year also brought significant transition and growth. Following the retirement of our longtime Executive Director, Dr. James Dolan, CEC entered a new chapter while remaining firmly grounded in the mission and values that have guided our organization since 2015.

During 2025, we expanded our behavioral health footprint through the acquisition and renovation of our Seaford Clinic; increased access to primary care and outpatient behavioral health services; expanded Assertive Community Treatment; launched Youth ACT; strengthened Health Home Care Management; and broadened our outreach to veterans, youth, families, and underserved communities.

As we reflect on our first decade, we are inspired by the resilience of the people we serve, the dedication of our staff, and the strength of the partnerships that make our work possible. Together, we look forward to building upon this foundation and creating an even healthier future for Long Island.

John Javis

Executive Director
CEC Health Care

Our Mission: Care with Excellence and Compassion

CEC Health Care improves the health and quality of life of individuals and families by expanding access to high-quality, compassionate medical, dental, behavioral health, and care management services.

We are committed to advancing health equity and providing integrated, person-centered care for people who have historically faced barriers to treatment and support.



Our Mission in Action

We care for the whole person - recognizing that physical health, mental health, and social well-being are closely connected. Through coordinated clinical services, substance use disorder treatment, residential programs, and community-based supports, CEC helps people address complex needs, strengthen independence, and build healthier lives.

Our services support children, adolescents, adults, and older adults, including people with intellectual and developmental disabilities, mental illness, and substance use disorders. With locations in Bethpage, Glen Cove, Hauppauge, and Seaford, CEC serves individuals and families throughout Nassau and Suffolk Counties.

For ten years, our purpose has remained the same: improving access to care and treating every person with dignity, respect, and compassion.



2025 Fact Sheet

Total Patients

 **5,142**

Total Appointments

 **53,550**

Gender

43%
Female



57%
Male

49% of patients are diagnosed with an intellectual or developmental disability

Ages of Patients

Under 21 **10%**

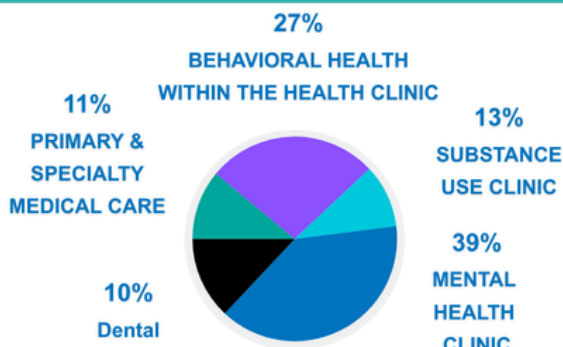
21 - 39 **37%**

40 - 59 **29%**

60+ **24%**



Appointment Breakdown



Employees

217

Health Home Members

139

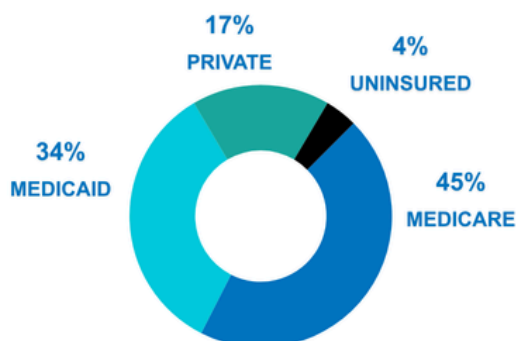


Top Zip Codes

11542: Glen Cove 11756: Levittown
11590: Westbury 11758: Massapequa
11801: Hicksville



Insurance Breakdown



Community Education & Support Sessions

496

Celebrating 10 Years of Excellence and Compassion

In March 2025, CEC Health Care proudly celebrated its 10th anniversary with a special dinner at The Cottage at Milleridge Inn, commemorating a decade of providing high-quality, compassionate care to individuals and families across Long Island.

The celebration brought together patients, families, staff, community partners, and supporters to recognize CEC's remarkable journey and the people who have helped make that progress possible.

Special recognition was presented to **Patrick Bardsley**, Co-Founder and CEO of Spectrum Designs Foundation, and **Pamela D. Panzenbeck**, Mayor of Glen Cove, for their leadership and dedication to improving the lives of individuals and families throughout the community.

Founded in 2015 to improve access to health care for underserved populations, CEC Health Care has grown into a comprehensive provider of integrated primary care, behavioral health services, substance use disorder treatment, dental care, Health Home Care Management, and community-based services.

As we begin our second decade, we remain committed to expanding access to exceptional, person-centered care and building healthier communities throughout Long Island.



Honoring a Legacy, Welcoming New Leadership

In 2025, CEC Health Care marked an important leadership transition, celebrating the retirement of Dr. James R. Dolan Jr. and welcoming John A. Jarvis as Executive Director, effective March 31.



Dr. Dolan delivers opening remarks at CEC Health Care's 10th Anniversary Dinner on March 25, 2025, at the Milleridge Inn.

During Dr. Dolan's seven years of leadership, CEC grew from a single health center into a four-location organization offering comprehensive medical, behavioral health, care management, residential, and community-based services. Before joining CEC in 2017, he devoted more than 30 years to Nassau County's Department of Mental Health, Chemical Dependency and Developmental Disabilities Services, including two tenures as Acting Commissioner. His vision and dedication have left a lasting legacy. We extend our heartfelt gratitude and wish him and his family health and happiness in retirement.

John brings more than three decades of experience in behavioral health, integrated care, and Medicaid transformation. Since joining CEC in 2022 to launch its Certified Community Behavioral Health Clinic, he has expanded his leadership to oversee Glen Cove operations, strengthen partnerships, advance children's services, and support program development and grant funding.

Previously, John led behavioral health initiatives at the Nassau-Queens Performing Provider System, working with organizations serving more than 400,000 Medicaid recipients. He also founded and directed the Veterans Health Alliance of Long Island, building a 70-organization coalition and securing more than \$500,000 for veterans programs. His commitment to veterans includes service as a First Lieutenant in the U.S. Army Reserves Chaplain Candidate Program.

As CEC enters its second decade, John builds on Dr. Dolan's strong foundation, carrying forward our commitment to Care with Excellence and Compassion.



Javis testifying before the NYS Legislature on Veteran's health care.

Expanding Access to Care

Bethpage FQHC Growth

Outpatient services at CEC's Bethpage FQHC continued to expand in 2025 through enhanced primary care, psychotherapy, psychological services, and improved intake coordination. Increased behavioral health staffing and strengthened family engagement initiatives supported more timely access to integrated care while enhancing comprehensive diagnostic and therapeutic services.



Seaford Clinic Expansion

Building on its Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS), launched in 2023, the Seaford Clinic expanded its treatment offerings in 2025 with Article 32 licensure through the New York State Office of Addiction Services and Supports (OASAS). This expansion strengthens access to comprehensive mental health and substance use disorder treatment for the communities we serve.



Ten Years of CEC Health Care

2015

March 2015: The Charles Evans Center (CEC) was established.

March: Dr. Anne Emmerson becomes the first Chair-person of the Board of Directors.

May: Service delivery begins at the CEC Bethpage location.

September 2017: CEC welcomes Dr. James Dolan as its new Executive Director, marking a new chapter in the organization's leadership.

2017

2018

February 2018: CEC partners with Northwell Health to become Health Home Care Management provider.

April: CEC celebrates the opening of its new Hauppauge location.

May: CEC attains Patient Centered Medical Home (PCMH) status as designated by the National Committee on Quality Assurance.

June: CEC receives FTCA deemed status, demonstrating compliance with HRSA's requirements for risk management and quality assurance.

2019: OASAS Innovations in Rapid Access to MAT Grant Awarded.

September: CEC hosts its inaugural conference on promoting brain health.

December: CEC acquires the Melillo Center for Mental Health and adds OMH and OASAS licensed and funded services to the CEC continuum of care.

2019

2020

2020 / 2021: CEC becomes a community-wide leader in the administration of the COVID vaccine and in the delivery of telemedicine services.

April 2022: During its initial OASAS licensure review, CEC's substance use disorder program is praised as exemplary and recognized as a model program.

May: CEC expands to include an additional office in Glen Cove to house the residential, health home and ACT programs.

June: A ribbon cutting ceremony is held to celebrate CEC Glen Cove becoming the only program in NYS that co-locates Article 28, Article 31 and Article 32 services at one location.

2022

September: CEC receives a SAMHSA grant to establish a Certified Community Behavioral Health Clinic (CCBHC), expanding clinical and support services alongside its Glen Cove FQHC operations.

December: Mother Cabrini Health Foundation Grant Awarded.

December: CEC receives an OMH COMHPS grant to continue the crisis counseling, outreach, assessment and referral services that had been provided by Project Hope.

March 2023: OASAS System Support Grant Awarded.

April: The CEC Seaford office begins seeing patients.

July: CEC receives targeted funding from Nassau County to address the opioid abuse epidemic.

August: CEC receives permission from the Department of State to do business as CEC Health Care.

September: Apartment Treatment Housing for Adults with Serious Mental Illness Grant Awarded.

October: CEC receives approval from OMH to treat children in the Article 31 clinic in Glen Cove.

January 2024: New York State Department of Health Telehealth Capital Program Awarded.

April: CEC is awarded an OMH grant to operate a Short Term Transitional Respite (STTR) program.

June: CEC begins providing on-site services at the Nassau County Probation department to criminal defendants who need behavioral health care.

July: Flexible Assertive Community Treatment (ACT) Program Awarded.

January 2025: CEC purchases the Seaford building, this being the fourth location for FQHC services.

March: Dr. Dolan retires, and John Javis is appointed as the new Executive Director.

March: CEC Awarded Youth ACT Program to Expand Children's Behavioral Health Services.

May: With support from the Tribute and Honor Foundation, CEC conducts a Long Island Veterans' Needs Assessment and releases preliminary findings to help inform services and support for local veterans.

October: Seaford expanded services by launching a Substance Use Disorder Outpatient Program

2023

2024

2025

Program Highlights

FLEX ACT Expansion

CEC transitioned to the FLEX ACT model, increasing program capacity from **68 to 100 individuals** while strengthening multidisciplinary, community-based behavioral health services.



Youth ACT

CEC was awarded a Youth ACT Team, expanding access to intensive, community-based behavioral health services for children and adolescents with serious emotional disturbances and their families.



Health Home Care Management

Health Home enrollment increased to **139 members**, including Health Home Plus participants, reflecting continued growth in comprehensive care coordination for individuals with complex medical and behavioral health needs.

Residential Services

CEC's Apartment Treatment Program strengthened staffing, peer support, and clinical oversight while increasing residential capacity and enhancing services for individuals with complex behavioral health needs.

Veterans Initiative

With support from the Tribute and Honor Foundation, CEC conducted a Long Island Veterans Listening Tour to better understand service gaps, identify community needs, and strengthen partnerships supporting veterans and their families. *(Pictured: CEC Health Care's Executive Director accepting a donation from the Tribute and Honor Foundation.)*



Expanding Services for Children and Adolescents

In 2025, CEC Health Care strengthened access to coordinated medical, dental, specialty, and behavioral health care for children, adolescents, and families across Nassau County.

CEC's Glen Cove **Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)** program ended the year with 58 youth enrolled, while approximately 15 additional youth received assessment and engagement services without admission. Glen Cove and Seaford also offered age-appropriate substance use disorder treatment for adolescents.



Children's rooms at Glen Cove office

A major milestone came in March 2025, when CEC was awarded a Youth Assertive Community Treatment (Youth ACT) program to expand intensive, community-based treatment and family support for young people with significant behavioral health needs.

With children's mental health services planned for Seaford, CEC continues to build a comprehensive continuum that supports young people's health, development, and well-being.

Community Impact

COMHPS (Community Mental Health Promotion and Support)

Throughout 2025, CEC's Community Mental Health Promotion and Support (COMHPS) program expanded peer-led behavioral health education, support, and outreach across Nassau County. Highlights included:

- **496** community education and support sessions
- **4,623** community members reached
- Expansion of grief and loss support groups
- New partnerships with local libraries
- Expanded children's programming
- Veteran outreach initiatives
- Participation in health fairs and community events



Together, these initiatives strengthened access to wellness education, peer support, behavioral health information, and community resources throughout Nassau County.

Workforce Excellence

Investing in our workforce remained a strategic priority throughout 2025. Highlights included:

- Workforce growth from 197 to 217 employees
- 89 new staff members hired
- Expanded behavioral health staffing
- Increased primary care capacity
- Enhanced care coordination
- Strengthened multidisciplinary teams across service lines



These investments strengthened CEC's capacity to expand services while maintaining high-quality, compassionate, person-centered care.



Looking Ahead!

As CEC Health Care enters its second decade, we remain focused on expanding access to integrated, person-centered health care while strengthening behavioral health and community-based services across Long Island.

Priorities for 2026 include:

- ✓ Expanding integrated primary care
- ✓ Growing behavioral health and substance use disorder treatment
- ✓ Strengthening Youth ACT and FLEX ACT
- ✓ Increasing community partnerships
- ✓ Expanding telehealth and mobile outreach
- ✓ Continuing workforce development
- ✓ Improving access for underserved populations
- ✓ Strengthening integrated care coordination and community-based supports



Together, we will continue providing Care with Excellence and Compassion while building healthier communities for generations to come.

2025 Financial Overview

REVENUE

Medicaid, Medicare and Commercial	\$14,886,330
State Contracts	\$4,239,782
Pharmacy	\$1,642,944
Grants	\$1,612,251
Other	\$1,267,866
Self Pay & Participant Fees	\$1,071,565
County & Other Contracts	\$893,012
REVENUE	\$25,613,750

EXPENSES

Health Services	\$7,251,830
Supported Housing	\$4,255,113
Behavioral Health Services	\$3,544,873
Administration	\$3,520,692
Community Residency	\$2,102,911
Various Grant Programs	\$1,374,881
Substance Abuse Services	\$1,358,381
Assertive Community Treatment	\$1,035,023
Other	\$959,219
EXPENSES	\$25,402,923

NET TOTAL

\$210,827

2025

Leadership

Board of Directors	Executive Staff
➤ Marianne B. Barbera	➤ John Javis <i>Executive Director</i>
➤ Peter Egan	➤ Michael Catanese <i>Chief Financial Officer</i>
➤ Anne Emmerson, EdD, <i>Chairperson</i>	➤ Christine Brown, MD <i>Chief Medical Officer</i>
➤ Stefania Medvedik, RD, RN, CDE, CDN, <i>Secretary</i>	➤ Nicole M. DelGiudice, LCSW <i>Director of Glen Cove Operations</i>
➤ Shari Prinstein	➤ Judith Olshin, DDS <i>Director of Dentistry</i>
➤ Anthony Perfetti	➤ Michelle Sonfronis, BSN MS, MHA <i>Director of Operations</i>
➤ Mary Quinn, RN, BSN	➤ Anne Marie Phillips, LMSW <i>Director of Quality Assurance and Corporate Compliance</i>
➤ Iris Rosenthal	➤ Laura La Sala, LMHC <i>Director of Community Rehab and Recovery Services</i>
➤ Robin Barbara Salsberg	➤ Matthew Belevich, LCSW <i>Director of Seaford Operations</i>
➤ Ellen Spiegel	
➤ Ronald M. Tauss, Treasurer	
➤ Matthew Walsh	
➤ Rev. Richard Wilson Sr.	

Services and Programs

Healthcare Services	
 Primary Medical Care	 Mental & Behavioral Health
 Telehealth/Telemedicine	 Podiatry
 Women's Health	 Addiction Treatment
 Neurological Care	 Medical House Calls
 Dental Services	 Dermatology
 Psychological & Psychiatric Services	 Intellectual and Developmental Disability Health Services
	

Programs	
 Mental Health Residential Services	 Assertive Community Treatment Program Youth and Adults
 Adult Care Coordination	 Outreach, Assessments & Referrals

Thank You

Thank you to our patients, families, staff, Board of Directors, community partners, volunteers, donors, and supporters for helping make 2025 a year of growth, innovation, and impact.

Together, we are building healthier communities—one person, one family, and one community at a time.



How to Donate

BY MAIL:

CEC Health Care operates as Charles Evans Center, Inc., doing business as CEC Health Care. Checks should be made payable to:

Charles Evans Center, Inc.

If your donation is being made in honor or memory of someone, please include the person's name in the memo section of your check.

Mail donations to:

Charles Evans Center, Inc.
Development Office
857 South Oyster Bay Road
Bethpage, NY 11714

ONLINE:

Visit cehealthcare.org or scan the QR code to make a donation online.





Nassau County

Bethpage

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Bethpage, NY 11714
(516) 622-8888, press 1

Seaford

2146 Jackson Avenue
Seaford, NY 11783
(516) 622-8888, press 2

Glen Cove

113 Glen Cove Avenue
Glen Cove, NY 11542
(516) 622-8888, press 3

Suffolk County

Hauppauge

305 Oser Avenue
Hauppauge, NY 11788
(516) 622-8888, press 1

Visit us at cechealthcare.org

